



Spring 2013

## CIIS Today, Spring 2013 Issue

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# California Institute of Integral Studies

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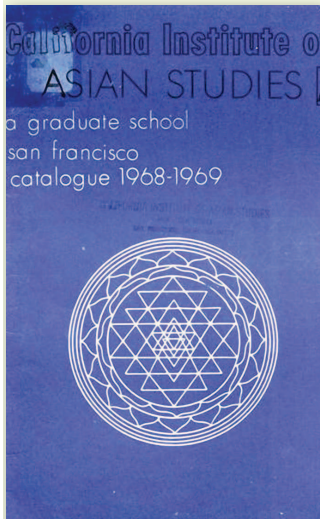
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## CIIS *today* Spring 2013

### CIIS INTERACTIVE TIMELINE NOW ONLINE



The CIIS interactive timeline is a page of the Institute's website that shows the momentous changes that have taken place both in the San Francisco Bay Area and at the Institute from 1945 to the present. Using video, audio, and images, the timeline documents how

changes in consciousness, human rights, spirituality, and integrative health have in many cases originated or gained momentum from their expression at the Institute and/or in the Bay Area. If you'd like to add to the timeline by recording your memories of a milestone, please contact Zack Rogow at [zrogow@ciis.edu](mailto:zrogow@ciis.edu).

Visit: [www.ciis.edu/ciistimeline](http://www.ciis.edu/ciistimeline)



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### Summer 2012 Highlights

*Search Inside Yourself*  
JUNE 7-28

*John Welwood*  
JUNE 14-16

*Stanislav Grof*  
JULY 5-7

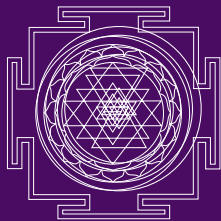
*Llewellyn Vaughan-Lee*  
JULY 11

*Kerry Brady and James Stark*  
JULY 20-21

*Angeles Arrien*  
AUGUST 17-18

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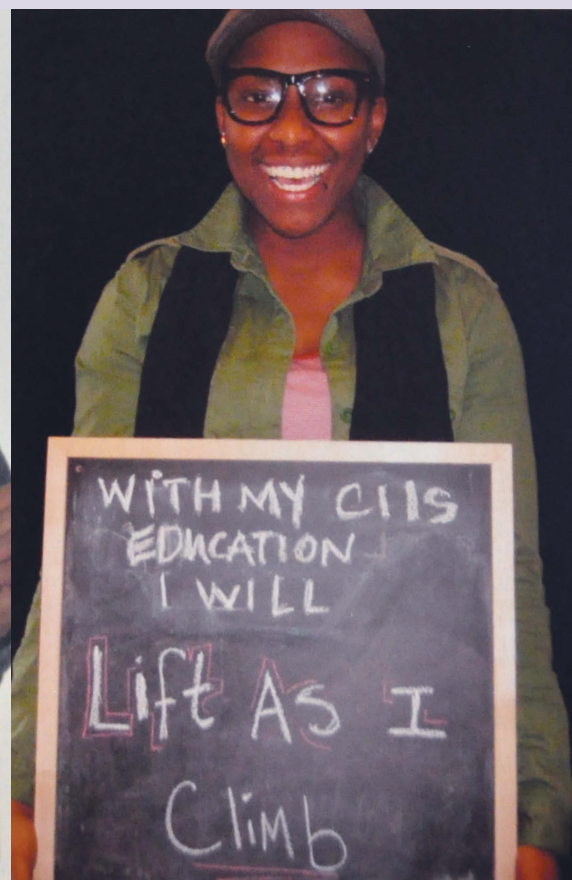
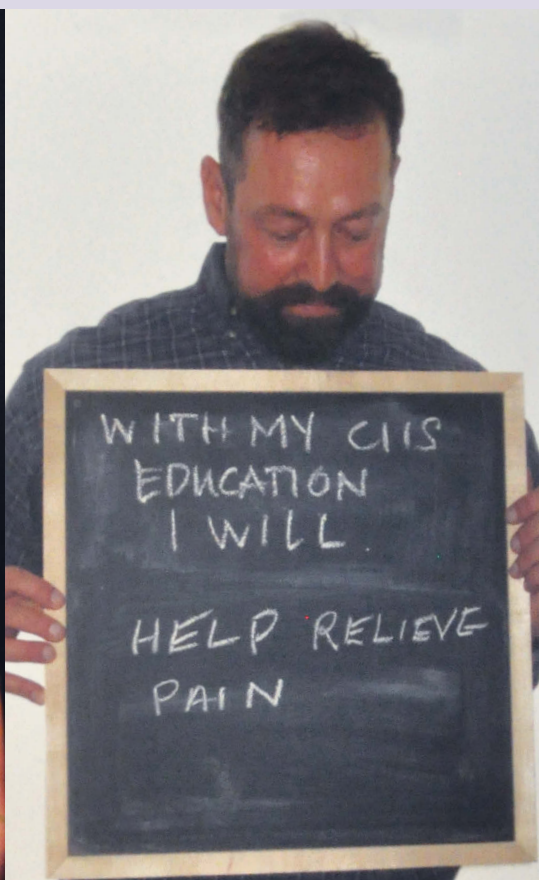
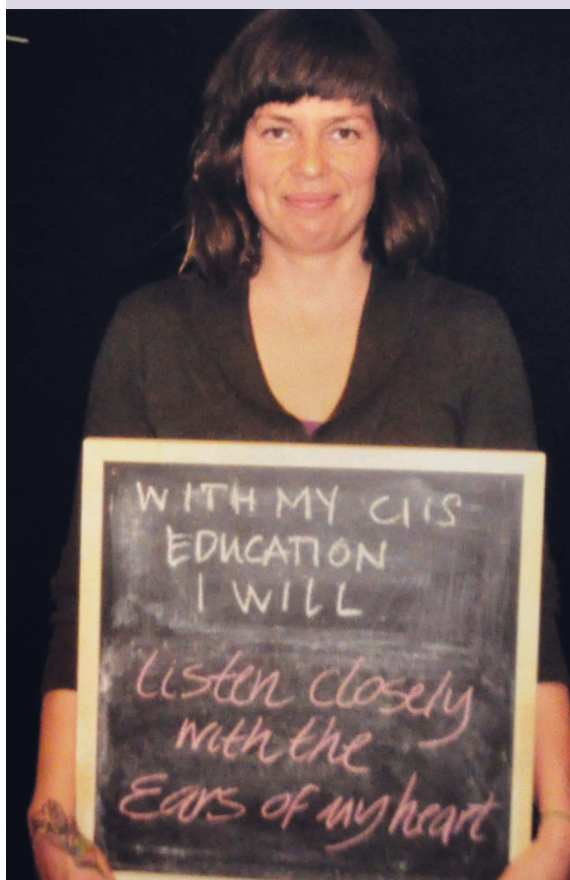




# CIIS *today*

The Community Newsletter of California Institute of Integral Studies

Spring 2013



## CIIS Launches New Program in Human Sexuality Studies

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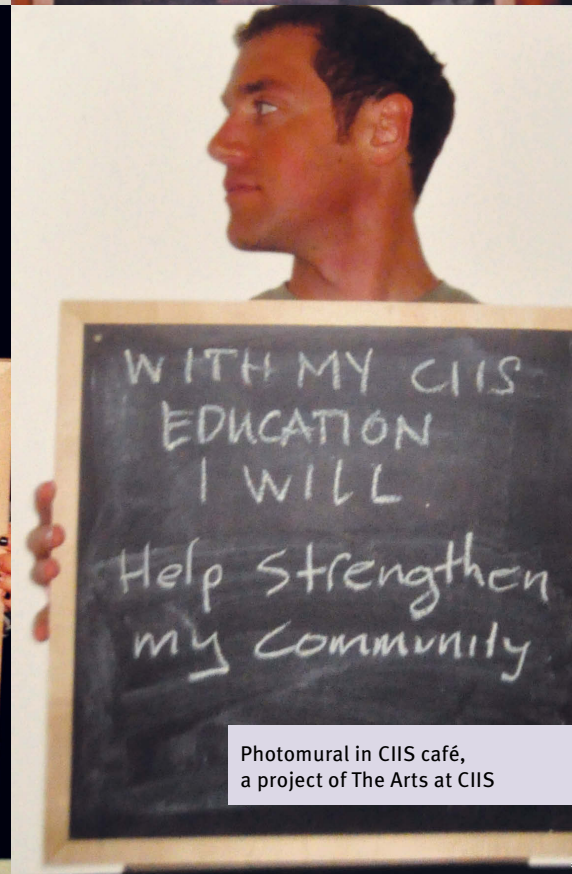
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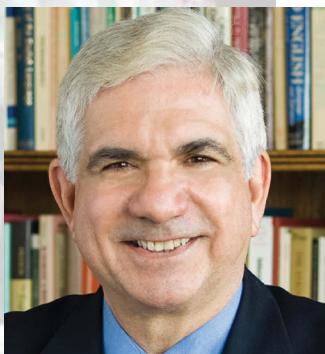
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Photomural in CIIS café,  
a project of The Arts at CIIS

# Dear CIIS Alums & Friends



Over the winter holidays, I visited Hong Kong for the first time, and I was amazed by its similarities to San Francisco. Although Hong Kong is a much larger metropolis, both cities resemble each other in how intentionally and effectively they integrate global perspectives into a forward-thinking cosmopolitan center. Most importantly, they do not attempt to assimilate the various cultures—be they ethnic, religious, or commercial. Each segment is valued for its particular contribution to the whole.

In a few weeks, CIIS will be launching its historical timeline on its website. In it, you will see how CIIS has been affected by its immediate environment, San Francisco, as well as by areas across the globe, such as Hong Kong. Throughout its forty-five-year history, CIIS has both responded to and contributed to local and global movements.

Like all major cities, San Francisco is a place where financial scarcity and success exist alongside each other. CIIS needs to respond to the scarcity and contribute to the success. The Institute has long held a commitment to community service, especially through its counseling centers, collaborations with many civic and not-for-profit agencies, and its Center for Beloved Community. Also, CIIS advances the economic development of the Bay Area through its various professional programs.

As we look toward CIIS in 2020, we are thinking about the future of the region, the increasing complexity of the globe, and how CIIS will continue to serve. While higher education has a deep responsibility to preserve and interpret the wisdom of the past, it also has an equal responsibility to help shape the future.

A handwritten signature in black ink that reads "Joseph L. Subbiondo".

Joseph L. Subbiondo  
President

## CIIS *today*

The Community Newsletter of  
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# CIIS LAUNCHES NEW PROGRAM in Human Sexuality Studies

by Zack Rogow

Beginning in fall 2014, CIIS will offer a cutting-edge PhD program in Human Sexuality. The program will be headed by Professor Gil Herdt, who founded the Department of Sexuality Studies and the National Sexuality Resource Center at San Francisco State University. Professor Herdt is an internationally known cultural and clinical anthropologist with extensive research and administrative experience in the field of sexuality, sexual orientation development, HIV, mental health, and culture.

“This program puts CIIS in the center of the map in terms of research in a groundbreaking area,” says CIIS President Joseph L. Subbiondo. “The program will draw to the Institute clinicians, scholars, and policymakers doing innovative work in this area.”

The PhD program in Human Sexuality at CIIS is the first of its kind at an accredited university in the Western United States, and the only program in the world that provides doctoral concentrations both in clinical sexuality and in sexuality policy studies.

According to Herdt, the realm of human sexuality studies is relatively new. “Initially the research in this area focused on defining what was thought of as a series of sexual diseases,” Herdt explains. “Premarital sex, masturbation, and homosexuality were all thought of as disorders. It wasn’t until the work of anthropologist Margaret Mead, who studied Pacific

Islanders; and biologist Alfred Kinsey, who studied small-town U.S.A., that the understanding developed that these behaviors are a normal part of human sexual experience.”

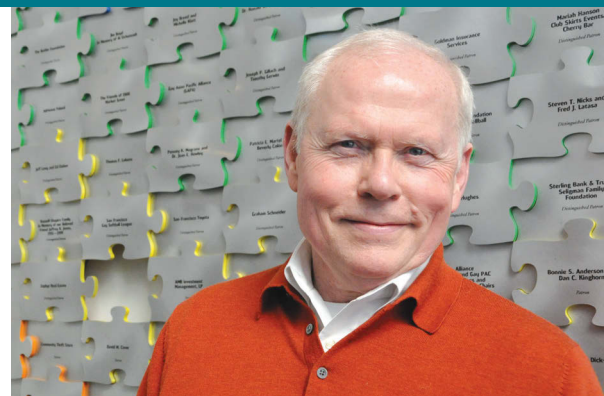
“By the mid-twentieth century,” Herdt elaborates, “Kinsey clearly had moved away from the notion that sexuality was abnormal, to a spectrum approach that saw human sexuality as ranging from heterosexuality, to bisexuality, to

homosexuality. Nevertheless, much research on sexuality continued to be dominated by a Freudian paradigm. This created a lot of

undue concern about the connection between mental illness and sexuality. Then came the second sexual revolution of the 1960s; the second wave of feminism; and the movement for lesbian, gay, bisexual, transgender and queer rights. These infused the study of sexuality with a whole new perspective on gender, on sexual recreation, on female sexual autonomy, and on LGBTQ relationships.”

To assemble the faculty to teach these new developments in the field, Herdt is bringing together experts from a variety of disciplines, from psychology to anthropology to sociology.

“The vision of the program,” Herdt adds, “is to provide scholarly, evidenced-based, comprehensive, and holistic knowledge of sexuality in two broad areas: 1) clinical psychological practice, and 2) sexuality policy and leadership.”



Professor Gil Herdt

The clinical focus appeals to experienced practitioners who want to add expertise, deeper knowledge, and skill sets in human sexuality; and/or in gay, lesbian, bisexual, transgender, and queer studies.

“The second specialization relates to sexuality policy studies,” Herdt describes. “It focuses on thought leaders, educators, and researchers at the local and national level who are interested in LGBTQ policies, and/or women’s reproductive health and rights. For instance, we hope to equip clinicians and policymakers with state-of-the-art knowledge on how parents can help love and support their transgender children.”

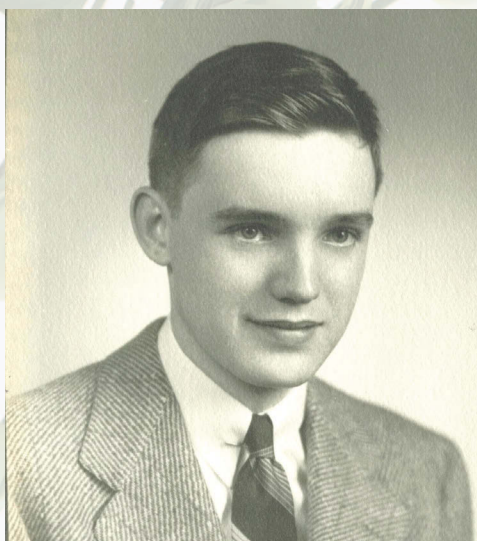
The sexual policy specialization will include a practicum where students intern at local, state, regional, national, or global organizations devoted to LGBTQ issues, women’s reproductive health, and/or reproductive rights.

Herdt asserts that human sexuality studies is crucial at this moment in history. “Right now, many issues related to sexuality are wedges in our society. We need to foster research and knowledge in this field to promote sexual literacy, and sexual well-being.” ●

# *In Memoriam:*

## Paul Herman (1927–2012)

### Cofounder of Integral Counseling Psychology (ICP)



Paul Herman at high school graduation, 1945 (*above*)

Paul Herman in the 1970s (*below*)



Professor Emeritus Paul Herman, who created the first transpersonal program in North America for licensing psychotherapists, passed away peacefully on November 2, 2012. He conceived of and cofounded Integral Counseling Psychology at CIIS in 1973, based on teachings of his mentor Haridas Chaudhuri.

Paul Herman was born in 1927 in Poland, Ohio, a suburb of Youngstown, where he also grew up. Early on he became interested in spirituality. “That spark was there for Paul from the beginning,” testifies Vern Haddick, Herman’s life partner. After graduating from high school in 1945, Herman was drafted into the army and posted in Honolulu. He worked as a DJ for the army radio station there.

On his way back home from Hawai’i, Herman was stationed for several weeks in Monterey, California. He fell in love with the San Francisco Bay Area, which he would later make his home.

Herman attended Ohio University at the Athens campus, where he founded the first racially integrated fraternity at the university. After he finished his BA, he relocated to California to study at University of

California, Berkeley, where he met Haddick at International House. In the early 1950s, Herman began attending Professor Chaudhuri’s lectures at the Cultural Integration Fellowship, and went on to study Eastern religion and philosophy with Chaudhuri at the American Academy of Asian Studies, a predecessor of CIIS.

Herman earned master’s degrees at UC Berkeley and at Columbia University. He trained in psychology at Temple University, UC Berkeley, and San Francisco State University.

In the 1960s, Herman again studied with Professor Chaudhuri during the period of the formation of California Institute of Asian Studies (CIAS), as CIIS was first called. Herman earned his PhD in East-West Psychology at CIAS, writing his dissertation on Martin Heidegger and Ramana Maharishi, with Professor Chaudhuri chairing his committee.

In the late 1960s and the early 1970s, Herman worked during the day as a supervising counselor for the State of California in programs that served mostly African American and Latino clients in Oakland and Richmond. In the evenings, he taught at CIAS as assistant to Professor Chaudhuri.

Herman did exhaustive research in order to create a curriculum for the first professional program for therapists in North America to incorporate a transpersonal approach, consulting with leading psychologists and sociologists. His goal was to synthesize the best in both Eastern and Western traditions. The result was Integral Counseling Psychology, a program that immediately became the Institute’s largest.

In a paper published in 1983, Herman wrote that integral psychology “draws upon the findings of both Western depth psychology, and ancient Eastern teachings and yogas, to express a whole, unfragmented view of human nature which does not remain merely theoretical, but also functions to resolve human conflicts and open the way toward activating high levels of potential...”

Herman directed ICP from its founding in 1973 until his retirement in 1992. He also headed the CIIS counseling centers in their initial years. He was instrumental in helping to create the professional organization and the legislation that established the license for marriage and family therapists in the State of California. (*continued on page 10*)



# CHAUDHURI AWARD HONORS MANI L. BHAUMIK

CIIS will present the 2013 Haridas and Bina Chaudhuri Award for Distinguished Service to Mani L. Bhaumik at a ceremony on May 4, 2013. Bhaumik is receiving the award for his extraordinary achievements in science, and for his efforts to promote education in the United States and in India. Bhaumik is both a noted physicist, and a bestselling author of books on the connection between science and spirituality.

“We’re so pleased to honor Mani Bhaumik, a man of authentic vision and insight in both the study of science and spirituality,” says CIIS President Joseph L. Subbiondo.

Bhaumik is best known among physicists for his inventions on the excimer laser, the key piece of technology in LASIK eye surgery. The surgery has already improved the vision of more than thirty million people. In the early 1970s, Bhaumik developed the first efficient laser that

full scholarships to economically disadvantaged, brilliant students who seek to devote themselves to science and technology.

Bhaumik’s life has been an amazing example of the American dream. He grew up in a house with a dirt floor in rural West Bengal, India. His family suffered the consequences of the terrible cyclone, tidal wave, and famine that gripped the region in 1943, when three million people perished of starvation, including Bhaumik’s beloved grandmother. He recounts these events in his memoir, *Code Name God: The Spiritual Odyssey of a Man of Science*, published by Penguin Books.

Bhaumik’s father was an activist in the movement for Indian independence, which resulted in the youthful Mani Bhaumik spending an entire week by Gandhi’s side when he was fourteen years old. Bhaumik reflects on this formative experience: “‘What we think, we become,’ Gandhi told us.” Bhaumik also recalls that Gandhi was such a soft-spoken man that even when he used a microphone it was difficult to hear him in a huge crowd. “A million people came to see him speak every day,” Bhaumik recounts. “Only about half the crowd could hear him, but they still came, just to be in his presence.”

Bhaumik discovered his vocation as a scientist when he was an adolescent in India. “I fell in love with math in high school,” he reminisces. “It was like a spiritual awakening, when you first feel wonder at the world. Math is the language of nature.” To escape



2013 Chaudhuri Award recipient Mani L. Bhaumik

poverty, he turned to physics.

Bhaumik arrived in the United States on a graduate scholarship, with only three dollars in his pocket. His brilliance and hard work allowed him to develop the excimer laser and to become affluent. For years he lived in the fast lane in Los Angeles, caught up in the world of movie stars and the wealthy. He was featured in an episode of *Lifestyles of the Rich and Famous*.

“Many people have an intense desire to live the good life,” he reflects. “The mistake is to get attached to things. I’ll go some day. That is a big equalizer, no matter how wealthy a person might be.”

Several years ago, Bhaumik experienced an epiphany where his glamorous path lost some of its glitter. He turned to spirituality, something that had been part of his upbringing in village India. “When I was growing up, there was no question about whether God exists,” he recounts. “But religion was a blind faith, connected to many superstitions then.”

He spent years researching the scientific view of the universe, and discovered that he found it completely compatible (*continued on next page*)

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“‘What we think, we become,’ Gandhi told us.”

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could perform a “cold cut”—a surgical incision that does not burn or create serious scar tissue, paving the road for the subsequent development of laser eye surgery.

Among his many philanthropic activities, he created the Bhaumik Educational Foundation, with offices in Calcutta. The foundation provides

## MANI L. BHAUMIK

(continued from page 5)

with a spiritual standpoint. “We are an essential part of an immensely vast universe,” Bhaumik observes. He sees the microcosm and the macrocosm reflecting one another. “The Big Bang at the beginning of the universe started in a tiny nugget of space, just like a human being starts with one cell. And just as the same genome that

was present in the initial cell is still present in all our cells, so the pattern that existed at the start of the universe still exists in each stitch of the fabric of space throughout the entire universe, upholding and administering its fundamental aspects.”

Bhaumik believes there is no conflict between the spiritual and the scientific outlook. “The source of the universe may be invisible, but so is the gravity we are able to feel. Science certainly

demonstrates the existence of the source of everything, but we are often oblivious to it, since, unfortunately, we can’t perceive it. Nevertheless, with the stunning discoveries of quantum physics and cosmology, faith is now anchored in science.” ●

To attend the Haridas and Bina Chaudhuri Award dinner, please contact Director of Development Dorotea Reyna at [dreyne@ciis.edu](mailto:dreyne@ciis.edu) or 415.575.6135.

## Doshi Family Gift

### Establishes Endowed Chair in Consciousness Studies



Pratibha and Navin Doshi

CIIS has received a gift of more than \$250,000 to establish the Navin and Pratibha Doshi Professorship in Consciousness Studies. “We’re extremely grateful to Navin and Pratibha Doshi for their generosity and vision in founding a professorship devoted to consciousness studies,” says CIIS President Joseph L. Subbiondo.

Navin and Pratibha Doshi created the nonprofit organization Nalanda International to support research that advances dialogue among distinct areas of study and ways of thought, and to encourage holistic approaches to world culture. The foundation aims to foster a multifaceted life of the mind and spirit, seeking solutions to the problems of our time. The Doshis were the 2012 recipients of the Haridas and Bina Chaudhuri Award for Distinguished Service from CIIS.

Prior to this gift, the Navin and Pratibha Doshi established the Nalanda Scholarship Program at CIIS through an earlier donation. The formal signing of the pledge for the new professorship was made at Navin Doshi’s seventy-sixth birthday celebration on December 10, 2012 in Los Angeles.

The first Doshi Professor will be Leslie Allan Combs, a core faculty member of the Department of Transformative Inquiry at CIIS. Professor Combs is author of more than 200 articles, chapters, and books on consciousness and the brain, including most recently, *Consciousness Explained Better*, and *Thomas Berry: Dreamer of the Earth*, with Ervin Laszlo. Professor Combs is also part of the one-hundred-member Club of Budapest, an informal international association dedicated to developing a new way of thinking and a new ethics that will help resolve the social, political, economic, and ecological challenges of the twenty-first century. He coedits the *Journal of Conscious Evolution*. He was the winner of the 2002–2003 National Teaching Award of the Association of Graduate Liberal Studies Programs. ●



# TWO NEW TRUSTEES JOIN CIIS BOARD

## LIXIN HUANG

Lixin Huang is the president of the American College of Traditional Chinese Medicine (ACTCM), based in San Francisco. Born in the ancient city of Xian, China, home to the trove of terracotta soldiers and horses discovered in the 1970s, Huang came of age during the Cultural Revolution.

Despite the challenges she experienced in her youth, she maintains a positive outlook. “When I finished high school,” she recalls, “My classmates and I were sent to the countryside to work on farms for three years. There were many hardships, but we learned how Chinese farmers survive through their labor.” Throughout her childhood, she grew up with traditional Chinese medicine. “It’s an ancient and profound healing art that originated more than 3,000 years ago,” she describes. “It’s part of Chinese culture, food, daily life, and philosophy.”

After majoring in English, and teaching and working in administration at colleges in China, she came to the U.S. in 1986 on a full scholarship to obtain an advanced degree. After graduate school, she worked as a student advisor at ACTCM and was moved by the stories she heard. “So many students told me how acupuncture or t’ai chi or Chinese herbal medicine improved or even helped save their lives. Hearing those stories again and again made me realize how important this college and profession really is.”

Since rising to become president of ACTCM, Huang has become an eloquent spokesperson for traditional Chinese medicine. For the past eleven years she has also served as the president of the Council of Colleges of Acupuncture and Oriental Medicine, representing the fifty colleges accredited in the U.S. in the field. She has given a TEDxWWF talk on traditional Chinese medicine, and has spoken at international conferences on traditional Chinese medicine on four continents.

Huang has also played a key role globally in bringing together practitioners of traditional Chinese medicine with those working to preserve endangered species. In the past, Chinese medicine has used such substances as tiger balm and rhinoceros horns. Huang has testified before a congressional committee and the Convention on International Trade in Endangered Species (CITES) to advocate banning ingredients from endangered species.

Although ACTCM is just a mile from CIIS, it’s only in the last few years that the two institutions have begun to collaborate. Huang sees more opportunities in the future. “CIIS has deep roots in Indian culture, history, and philosophy,” she notes. “ACTCM is immersed in Chinese culture, history, and philosophy. Both these countries are increasingly important in the twenty-first century. The local, national, and international communities could benefit from having our institutions collaborate. We have both worked successfully on our own, but we have only begun to explore what we can do together, to use the strengths of both institutions.”

## ROSE LAVANDERO

Rose Lavandero’s career has been about healing and creating opportunities for others. Currently she serves as the corporate community relations liaison for TM Financial Forensics, a national business consulting firm based in San Francisco. Part of her position there involves her work with the All Stars Project, a nonprofit organization that uses performing arts showcases to reach out to young people who might otherwise not have a chance to shine, and then prepares them for, and places them in, corporate internships.

“The talent shows that All Stars puts on are most about building community,” Lavandero explains. “We go into some of the poorest neighborhoods in the Bay Area, including Bayview-Hunters Point, Visitacion Valley, and the Mission, and invite young people to participate.” All Stars then coaches the young people in how to succeed, and finds internships where they can flourish in a work environment. The firms that welcome them include *(continued on page 16)*



Lixin Huang



Rose Lavandero

# NEWS from the FACULTY

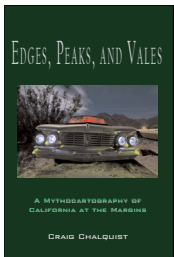


## ANNE BLUETHENTHAL

recently choreographed several dance works performed by her company, ABD Productions. *Skywatchers 1* took place in the Tenderloin neighborhood in San Francisco in June 2012 as part of the Streetopia Festival. The dance and choral piece included both professional artists and residents of subsidized

housing. To view a video, go to YouTube and search “Bluethenthal Skywatchers.” Bluethenthal’s *Forgiveness Project* was staged as part of the International Festival of Movement and Dance on the Volga in Yaroslavl, Russia in August, 2012. Her dance *Currency of Forgiveness* took place in October 2012 as part of San Francisco Trolley Dances.

**MATTHEW C. BRONSON** coauthored the chapter “Intersections of Language Socialization and Sociolinguistics” in the *Handbook of Sociolinguistics* from Oxford University Press. He also wrote “Lessons in the Old Language” for the Global Oneness Project, an article commissioned for their permanent online library. The article articulates some principles of an ancient nature-centric worldview embedded in the grammar of indigenous languages.



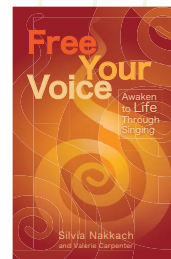
**CRAIG CHALQUIST** authored *Edges, Peaks, and Vales: A Mythocartography of California at the Margins*, from World Soul Books. From the publisher: “Inland of its spectacularly busy and famously scenic coast, and around the edges of its huge Central Valley, California extends itself into a mysteriously introverted land of dry deserts, tall mountains, ancient lakes, and solitary valleys. To

listen deeply to the myths, legends, and images emanating from this arc of isolation demands an open-hearted inquiry from border to border and Sierra to open sea.”

**DON HANLON JOHNSON** coedited *Contemporary Sacred Narratives: Somatics, Dance, and Spirituality*, and published a chapter in that volume. From the editors: “This anthology is dedicated to the challenging and provocative subject of ‘spiritualities’ within the broad domain of somatic movement dance education....we are pleased to present here, a rich collection of chapters from academics from the United States, the United Kingdom and Canada...”

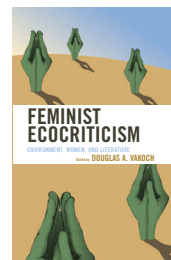
**ROBERT MCDERMOTT** edited the book *American Philosophy and Rudolf Steiner*, published by Lindisfarne Books. He also authored the preface and one chapter. The

book contains essays from a distinguished group of scholars who connect Steiner to American icons such as Ralph Waldo Emerson, Henry David Thoreau, William James, and John Dewey. From the preface: “Few thinkers from outside the United States have touched American culture in as many ways as Rudolf Steiner. Agriculture, education, spirituality, and medicine—or more precisely, alternative practices in these fields—all bear clear marks of his influence...Yet the very breadth of Steiner’s impact has perhaps made him harder, not easier, for observers of American culture to notice.”



**SILVIA NAKKACH** has coauthored *Free Your Voice: Awaken to Life through Singing*, from Sounds True. From the publisher: “*Free Your Voice* offers readers the liberating insights and personal instruction of sound healing legend Silvia Nakkach, whose four-decade immersion in the use of the voice as a creative force makes her a uniquely qualified teacher and guide.” The book is supplemented by thirty-two downloadable audio tracks.

**ARISKA RAZAK** was interviewed for the upcoming feature documentary film *Alice Walker: Beauty in Truth*, directed by Pratibha Parmar. Razak spoke on the subject of womanism. Walker is a member of the CIIS Council of Sages.



**DOUGLAS A. VAKOCH** published three edited volumes in the last ten months. In August 2012 Lexington Books released his *Feminist Ecocriticism*, examining the interplay of women and nature as seen through literary theory and criticism, drawing on insights from such diverse fields as chaos theory and psychoanalysis.

Vakoch’s second recent book, *On Orbit and Beyond, Psychological Perspectives on Human Spaceflight*, was published in January 2013 by Springer. From the publisher: “The essays contained in this volume provide an overview and synthesis of some of the key issues in the psychology of space exploration...” Vakoch’s third recently edited volume, *Astrobiology, History, and Society: Life Beyond Earth and the Impact of Discovery*, was also issued by Springer, in April 2013. From the publisher: “This book addresses important current and historical topics in astrobiology and the search for life beyond Earth, including the search for extraterrestrial intelligence (SETI).” ●



# Faculty Profile

## Andrej Grubačić

by Zack Rogow

Andrej Grubačić is the chair of the program in Anthropology and Social Change. He arrived at CIIS in spring 2012, and has already made important contributions to the Institute.

Grubačić (pronounced GROO-bah-chich) came to the United States from the former Yugoslavia. When he was first invited to the U.S. to study at the prestigious Fernand Braudel Center at Binghamton University, his invitation letters were written by world-famous linguist and activist Noam Chomsky, and the renowned historian Howard Zinn, both prominent left-wing intellectuals. Grubačić was called in to speak to the U.S. consul in Belgrade about his visa application.

**“Our program is a place of encounter for scholars, students, community activists, and artists.”**

“Do you realize your letters of invitation are from Noam Chomsky and Howard Zinn?” the consul asked.

“Yes, does that mean my visa is denied?” Grubačić responded.

“Are you kidding?” replied the consul. “I’ve been waiting for a moment like this my whole life!” She proceeded to stamp his passport with a visa.

It’s not surprising that such celebrated figures as Chomsky and Zinn took a personal interest in Grubačić’s research. Grubačić is the author of numerous books on social change, including

*Don’t Mourn, Balkanize!: Essays After Yugoslavia*; and with New Left historian Staughton Lynd, *Wobblies and Zapatistas: Conversations on Anarchism, Marxism and Radical History*.

Grubačić’s politics were shaped early on, primarily by his grandmothers in Yugoslavia, both radicals. His paternal grandmother was captured by the Nazis and put in a concentration camp, where she gave birth to his father. “My grandmother participated in building the communist society in Yugoslavia, but she was disappointed in the results,” Grubačić recalls. “When I was twelve years old she gave me a book called *Materialist Philosophy* by the German thinker Ludwig Feuerbach. I didn’t understand a word of it.”

Grubačić’s maternal grandmother also gave him a book. This one was called *My Past and Thoughts* by Aleksandr Herzen, a memoir about Russian radicals. “I fell in love with these splendid nineteenth century exiles,” Grubačić recounts. “They all dedicated their lives to fighting for social justice. I was hooked.”

Since coming to CIIS, he has helped to reshape the program he chairs, changing the name from Social and Cultural Anthropology to Anthropology and Social Change. Grubačić has brought in an exciting range of adjunct faculty, including Oakland hip hop artist Boots Riley, feminist scholar Roxanne Dunbar-Ortiz, and radio journalist Sasha Lilley from KPFA radio’s *Against the Grain* program.

“Our anthropology curriculum tries to do the opposite of what academia



Professor Andrej Grubačić

usually does,” says Grubačić. “Universities often isolate themselves from surrounding communities. To restructure the curriculum, I talked to people in diverse communities, bringing my notebook, and asked what kind of program would be useful them. These ideas gelled into Anthropology and Social Change. Our program is a place of encounter for scholars, students, community activists, and artists.”

This program is also the testing ground for a new kind of scholarly investigation that Grubačić calls “integral research.” “Integral research is a form of ethnography,” Grubačić explains, “where students go into communities and co-research, producing knowledge that contributes to social change.”

Then what happens to the academic ideal of neutral research?

“It’s broken to pieces,” Grubačić asserts. “We believe in being objective, but not in being neutral. Social scientists can’t be neutral in the face of global warming, wars, and environmental destruction.”

Grubačić’s current book project concerns “exilic spaces,” autonomous areas of escape and self-organization within the interstices of the capitalist world economy. These cultures include runaway Jamaican maroons, Zapatistas, Roma settlements, and pirate ships. ●

## IN MEMORIAM: PAUL HERMAN

(continued from page 4)

Brant Cortright, who succeeded Herman as director of ICP, says: “Paul Herman was a kind, loving, and brilliant teacher. As one of the first licensed MFTs (then called MFCCs), his original vision was to bring the East-West understanding of CIIS founder Haridas Chaudhuri into the field of psychotherapy. Paul was like a caring father who watched over ICP as it grew during its first eighteen years. His own deep spiritual orientation infused ICP, and continues to this day. Paul’s modest demeanor hid a powerful intellect that was not flashy, but very impressive to students and colleagues alike. His unfailing support and encouragement to his students won him deep appreciation over the years. His lifelong relationship with his partner, Vern Haddick, was a beautiful model that inspired many of us. His warmth and presence will be missed from this earth.”

At a memorial service to honor Paul Herman at the Cultural Integration Fellowship in San Francisco on February 4, 2013,

former colleagues, students, and friends of Paul Herman gathered to share their memories. Several recalled Herman’s sense of humor and his chuckle. All his former students mentioned the attention and generosity that characterized his mentoring.

Ray Vespe, who taught with Herman in the ICP program for many years, added, “I can’t remember Paul ever *saying* anything about goodness, kindness, and gentleness; acceptance, tolerance, and patience; humility, gratitude, and generosity—because he was, by nature, modestly *being* a living embodiment of these soulful qualities and virtues.”

CIIS alum Barbara Berman (CLN ’93) remarked that, “Paul and Vern showed us what the path of relationship is.” ●

*In honor of the couple who have given so much to CIIS and the ICP program, CIIS has created the Paul Herman and Vern Haddick Scholarship Fund for students working in LGBTQ communities. To make a donation, please contact Dean of Alumni Richard Buggs at [rbuggs@ciis.edu](mailto:rbuggs@ciis.edu) or 415.575.6116.*

## THE ARTS AT CIIS

**Receives Grant from  
Wells Fargo Foundation  
for Work in Mission District  
Elementary School**



Students from Marshall Elementary School view an exhibit at CIIS

**T**he Arts at CIIS has received a \$2,500 grant from Wells Fargo Foundation for an arts education collaboration at Marshall Elementary School, a Spanish-immersion school in San Francisco’s Mission District. “We’re so grateful to the Wells Fargo Foundation for supporting this important effort to connect artists with schools, and to connect younger students with visual art and poetry in dynamic and creative ways,” says CIIS Arts Curator Deirdre Visser, who designed the project.

Launched by The Arts at CIIS in 2010, this innovative project brings practicing artists into the classroom to make art with students, and it also brings students into exhibitions to respond to the art. The project began at Marshall Elementary with a collaboration with fourth-grade teacher Esmeralda Gomez and her students. The first year started with a hands-on photography workshop at the school with artist Oscar Palacio, whose work was showing at CIIS. The students then visited Palacio’s photography show at the Institute, and their questions, comments, and photos were integrated into the exhibit. The project grew into a year-long, multidisciplinary exploration of immigration that culminated in a gallery show of student- and family-created work.

“We’re now in the project’s third year, and we continue to collaborate with Esmeralda Gomez, her co-teacher Gerardo Gomez, and her students,” explains Visser. “The project uses the arts to enliven the teaching of American history, and to support state standards with expansive and creative tools that link the curriculum to the students’ own life experience.” With this grant from Wells Fargo Foundation, The Arts at CIIS is extending its partnership with Marshall Elementary through the end of the current school year.

The Wells Fargo Foundation makes grants in California in three primary areas: community development, education, and human services. ●



# THE ARTS AT CIIS

## Plans Exhibits, Publications, and...Billboards!

In addition to an ambitious program of exhibitions and publications, The Arts at CIIS is making a foray into billboards. “Our first site is the billboard on the east side of the CIIS Main Building, facing 10th Street,” reports Deirdre Visser, curator of The Arts at CIIS. “Over the course of calendar year 2013, we will feature the work of ten artists, both emerging and mid-career, including Wendel White, Glynnis Reed, and Cristina De Middel. This forum allows us to expand our audience while inserting art into a space typically used for advertising.” This year the curatorial focus for

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“We want to cultivate a more pluralistic vision.”

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the billboards is on contemporary artists navigating ideas around landscape—a landscape of memory, an emotional landscape, or a landscape of collective history, for instance. “The current billboard is an image by the photographer Oscar Palacio of an expanse of tall grass,” Visser describes, “but its meaning is transformed when you find out that those grasses cover a site that was once a home in New Orleans’s Ninth Ward, destroyed by Hurricane Katrina.”

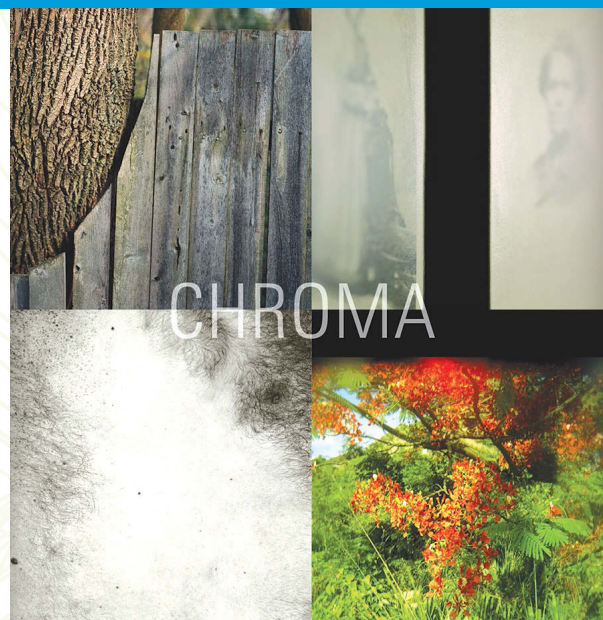
This calendar year The Arts at CIIS will begin to publish monographs for the first time in the Institute’s history. “The publication project grew out of the Chroma exhibition series,” Visser details. “Chroma focuses on pluralism in contemporary photography.” This

year the monographs showcase the work of Wendel White, Oscar Palacio, Deborah Jack, and June Yong Lee. The publications feature companion essays by leading scholars in the field, including Liz Wells of the University of Plymouth in the U.K.; and Leigh Raiford, professor of African American Studies at the University of California, Berkeley. “We’re thrilled to be focusing on the work of these important artists and scholars,” Visser states. “We believe too few voices are reflected in contemporary photo books, and we want to cultivate a more pluralistic vision. We’re delighted to be working with talented local designers and printers on the books.” The monographs are beautifully designed, case-bound hardcovers. Visit the website of [www.ciis.edu/chroma](http://www.ciis.edu/chroma) for ordering details.

“I’m also excited that The Arts at CIIS is collaborating with the artist Taraneh Hemami on a project to recover to recover the histories of participants in the Iranian student movement in Berkeley during the 1960s and 70s, up through the Islamic Revolution,” says Visser. “These progressive activists had a vision of Iran that was rendered invisible by the revolution.” Taraneh will spend 2013 working with Anthropology and Social Change student researchers as well as Program Chair Andrej Grubačič and faculty member Targol Mesbah.

Debashish Banerjee, who has curated popular shows on South Asian art in the past at CIIS, will also be working with Deirdre Visser on a new initiative. “Banerjee will review the East Asian and South Asian pieces in the Institute’s permanent collection to develop informative and explanatory labeling,” Visser announces. “These efforts will culminate in an exhibition of the works that will be up in late spring and summer.”

This spring, CIIS will also put out a call for artwork for the new Laurance S. Rockefeller Library. “Because the call is specifically for the library, we will be seeking works that invite new ways of thinking about knowledge and information in the Information Age,” Visser relays. ●



CHROMA monographs prospectus (above)

Oscar Palacio billboard of a lot that once housed a home in New Orleans (below)



# Scholarships Commemorate Samuel Hanser

## Two Recent Recipients Continue the Legacy



Hanser Scholar Kelly Heekin

In January 2010, a few days before his twentieth-eighth birthday, Samuel Hanser, a student in the Somatic Psychology program, passed away suddenly. Recalling Sam Hanser, CIIS Professor Ian Grand says, “He was a man of great vitality and curiosity, and he took great pride in his work in our program. He was well loved and supported by many people at CIIS and in many communities in the Bay Area and around the country.” To remember this student and to continue his legacy, a Samuel B. Hanser Memorial Scholarship Fund was created at CIIS.

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“The family hopes that these students will be able to accomplish the healing tasks that Sam Hanser could not, and change the world in ways that even he could not foresee.”

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“Sam was a young man who dreamed of finding ways to help people heal themselves,” says Suzanne Hanser, Sam’s mother. “He had a grand vision which, had he lived, would have manifested itself in the form of a Healing Empowerment Center. He said that such a place should ‘transform

all of its clients into their own centers of healing and empowerment.”

Although Sam Hanser died before he could realize these aspirations, his family believed that the best way to keep his memory alive and see his dreams come true would be to support students who, like Sam, were seekers of healing through the body as well as the mind, and used Eastern approaches as well as Western therapies. The family hopes that these students will be able to accomplish the healing tasks that Sam Hanser could not, and change the world in ways that even he could not foresee. In this way, the Samuel B. Hanser Memorial Trust honors his memory through the work of the Hanser Scholars.

This academic year, the two Hanser Scholars are Kelly Heekin and Kris Jacobsen, first-year students in Somatic Psychology who both had interesting histories before beginning their graduate study.

Kelly Heekin was an activist in environmental health, working to encourage hospitals to adopt green practices, from the use of building materials to the food in their cafeterias. She was a staff person on a United Nations project that spanned seven countries on several continents. “The work I was doing felt important, but I was fishing around for happiness,” Heekin comments.

She realized she felt best about her job when supporting others to overcome obstacles. “I spent long Skype conversations with an environmental engineering consultant in Argentina, listening, sympathizing, making suggestions,” she recalls. “What made my heart sing was helping people with challenges.”

Heekin went to a workshop at Esalen Institute, and ended up living and working there for two years. At Esalen, she encountered a movement modality called Soul Motion. “For the first time I was paying attention to the experience of being in a body and how I might be able to respect that and learn from it.” By the end of her two years at Esalen, she knew she wanted to become a therapist. At an open house session at CIIS, she discovered somatic psychotherapy.

One thing she appreciates about the education at CIIS is the focus on the students. *(continued at bottom of next page)*



# CIIS IN FOREGROUND

## at International Expressive Arts Therapy Conference



Professor Denise Boston

At the biannual conference of the International Expressive Arts Therapy Association (IEATA), CIIS faculty, students, and alums were an important presence at all levels. CIIS cosponsored the conference, held at the Doubletree Hotel in Berkeley, California, from March 14 to 17, 2013. Denise Boston, CIIS Expressive Arts Therapy core faculty member, co-chaired the conference.

“The conference featured aspects of how art is being used for healing all over the world,” says Boston.

Participants came from North America, Asia, Europe, and South America. The conference attracted 400 attendees. Many current students in the Expressive Arts Therapy program volunteered in various capacities. Boston collaborated on the conference’s closing event, a dramatic exploration of community, the IEATA mission, and the organization’s future.

Presenters at the conference included many CIIS faculty: Danielle Burnette (EXA ’12), Kate Donohue, Delfina Piretti, Gary Raucher (PDT ’99), Shoshana Simons, Jo Anne Sopko (PDT ’95), Philip Weglarz (EXA ’06), and Jack Weller. Alumni presenters featured Nicki Koethner (EXA ’04), Francisca Lizana (EXA ’11), Juztino Pannella (EXA ’10), Al Sideroff (EXA ’10), and Nicolette Sweeney (EXA ’13). Current students John Hanig, Shih-Chen Hsu, and Emilio Juri also presented. In addition, the dance company of faculty member Anne Bluethenthal performed a piece at the conference. ●

## HANSER SCHOLARSHIPS

*(continued from previous page)*

“It’s the first time I’ve been in an educational environment where the emphasis is on my development, not on pleasing a professor,” she elaborates. “I’m encouraged to be the driving agent in my own education.”

Heekin’s goal after graduation is to have a practice where she can apply what she’s absorbing at CIIS. “When I close my eyes and picture life in five or ten years,” she says, “I’m very excited by the vision of working with children and families, incorporating somatic learning and play.”

She now feels she is starting to synthesize her interest in helping others with her own strengths: “I believe that it’s possible to do good in the world and have a wonderful time doing it.”

Another Hanser Scholar, Kris Jacobsen, moved to San Francisco from Washington State to study in the Somatic Psychology program. Here, in her own words, is her account of why she came to CIIS and what she hopes to accomplish.

“I am a thirty-eight-year-old woman from the Seattle area. I lived up there on Whidbey Island for fifteen years, building homes, doing woodworking, finish carpentry, and painting. It’s a beautiful place to live and I built my own home there. But over the last four years I’ve found myself needing and wanting changes,

on a deeply personal level. Those changes have progressed—entering therapy, selling the house, and changing my lifestyle. They eventually culminated (at this point anyway!) with my enrollment in the Somatic Psychology program at CIIS and my move to California.

“It’s been a big adjustment: state, climate, population density, relative wealth/income, etc., but it’s also been exhilarating. I feel like I’m beginning my life over again, or another chapter of it anyway, only this time with a much more conscious and deliberate approach. I chose this city. I chose this school. I chose this line of study. I’m not sure where it’s taking me in the future, but I feel confident that I’m on a path that will prove extremely valuable to me, personally as well as professionally.

“I chose Somatic Psychology in particular because I know how important it is for me to learn and grow in a way that remains physically grounded in the body, in the world. I believe much of psychology and spirituality is a little bit ‘lost’ up there in our heads if it is not consciously and deliberately brought back down and learned inside a body, located in time and space, on this beautiful planet. I’m profoundly grateful for this opportunity to return to school, an older and wiser (I hope!) student; to learn in an environment of such deep, caring, and dedicated faculty and students; and to allow this place, this school, and these people to leave their marks on me. I am where I want to be, growing the parts of me that need to grow, and I feel that sense of right alignment in all aspects of my life right now. And *that* is what I want to help propagate in the world.” ●

# Five Donations Bolster PUBLIC PROGRAMS & PERFORMANCES



Karim Baer, director,  
Public Programs & Performances

**F**ive separate grants from different donors have supported CIIS Public Programs & Performances over the past few months. “We’re grateful for all these generous gifts,” says Karim Baer, director. “The donations represent a key development in the evolution of Public Programs & Performances as an important arts and education provider in the Bay Area.” In addition to its rapidly growing audience, Public Programs & Performances is now receiving support from private foundations, corporate sponsors, and individual philanthropists.

The Small Change Foundation has given \$5,000 to support the 2013 Expanding the Circle (ETC) Summer Institute. This summer’s ETC offerings add to the gatherings of the three previous years, where professionals in higher education have met in San Francisco under the auspices of CIIS to explore the theme of Creating an Inclusive Environment in Higher Education for LGBTQ Students and Studies (see facing page for details on this summer’s institute). The

foundation’s grant will provide funding for teaching faculty.

The Small Change Foundation is one of the giving arms of former Ambassador James Hormell’s philanthropy. The foundation has been a key partner in the Expanding the Circle initiative.

TM Financial Forensics has awarded a \$5,500 grant to Public Programs & Performances to undertake an outreach project in collaboration with the All Stars Project. This dynamic initiative allows low-income youth to attend Public Programs & Performances concerts in prime orchestra seats, and to meet the performers for a private, question-and-answer session before each event.

“This is an amazing opportunity for young people to learn about world music in a context that creates unforgettable experiences for both the youth and the performers,” comments Karim Baer.

The All Stars Project is a national, nonprofit organization, with a San Francisco affiliate. The project creates extracurricular educational and performing arts opportunities for young people, emphasizing the acquisition of developmental tools that make learning interesting.

Public Programs & Performances has also received a \$2,500 donation to the Carol Ann Wang Endowed Scholarship Fund. This fund supports students to attend the Sound, Voice, and Music

Healing Certificate program, offered by Public Programs & Performances. The donors are Meili Pinto, who received her PhD from CIIS in Transformative Learning in 1998; and Michael Pinto, who earned his PhD in Integral Studies in 1996.

Public Programs & Performances was also awarded a \$2,500 grant from the Frederick P. Lenz Foundation for American Buddhism. The grant supports the innovative Mindfulness and Compassion in Psychotherapy Certificate at CIIS, providing scholarships to psychologists in early career or in the public mental health sector, to enable them to participate in this year-long program. Located in

***“This is an amazing opportunity for young people to learn about world music in a context that creates unforgettable experiences.”***

Los Angeles, The Lenz Foundation is dedicated to promoting the benefits of Zen Buddhism, meditation, yoga, and related practices as pathways to self-realization and the harmonious blending of the material and spiritual in contemporary American society. The foundation’s goals closely parallel those of CIIS in bringing together the best traditions from East and West.

In combination with the CIIS Women’s Spirituality program, Public Programs & Performances has also been awarded a  
*(continued at bottom of next page)*



# Expanding the Circle

## Summer Institute Returns

From June 24 to 27, 2013, CIIS Public Programs & Performances will offer a new summer institute in the series Expanding the Circle (ETC): Creating an Inclusive Environment in Higher Education for LGBTQ Students and Studies. The ETC conferences and summer gatherings have received strongly positive responses and drawn participants from all over North America and internationally.

This year's summer institute will take place at CIIS. It focuses on the theme of "Lessons Learned and Best Practices for Integrating LGBTQ Issues/Concerns in Higher Education." The faculty include leading figures speaking on cutting-edge subjects. Some of the highlights:

**BILLY CURTIS**, executive director, multicultural, gender, and sexuality centers; University of California, Berkeley. Topic: *Fostering Multivariate Inclusion: Multiple Marginalized Identities and the Interplay of Sexuality*

**GILBERT HERDT**, CIIS professor of human sexuality, emeritus director and founder, National Sexuality Resource Center, San Francisco State University. Topic: *Sexual Orientation, Marriage Rights, and LGBTQ Youth: How Research and Policy Are Helping Young People's Lives*

**MOLLY MERRYMAN**, associate professor of sociology and co-coordinator of LGBT studies, Kent State University; and **KENNETH VALENTE**, professor of mathematics and LGBT studies, Colgate University. Topic: *Developing and Expanding LGBTQ Concentrations and Programs*

**ROBYN OCHS**, speaker, teacher, writer, and activist. Topics: *Framing Identity and Sexuality*; and *Getting Bi: Unpacking Biphobia and the Role of Allies Training Programs*

**SARAH F. PEARLMAN**, writer and associate professor emeritus of psychology, University of Hartford. Topic: *From Lesbians in the 70s to LGBTQQIs in the Twenty-first Century: Pathways to Sexualities and Genders*

**TOI THIBODEAUX**, program coordinator of LGBT Resource Center; University of California, Riverside. Topic: *Hidden Communities—Online Peer-to-Peer Mentoring Programs*

**NANCY JEAN TUBBS**, director of LGBT Resource Center; University of California, Riverside. Topic: *Creating a Trans-Inclusive Campus: Best Practices and Lessons Learned*

**JAMIE WASHINGTON**, founder and president, Washington Consulting Group. Topics: *Challenging Racism and Heterosexism for Educational Professionals* and *Negotiating LGBTQ Identities and Spirituality in Higher Education*

**WILLY WILKINSON**, writer and public health consultant. Topic: *Transgender Cultural Competency for Higher Education.* ●



Participants in last year's Expanding the Circle Summer Institute

\$2,000 grant from the Public Education for Peacebuilding Support program of the United States Institute of Peace. The award will support a panel entitled *Fierce Courage: Muslim Women's Transformative Activism*, which will take place at CIIS on April 25, 2013. For information on how to attend, visit [www.ciis.edu/publicprograms](http://www.ciis.edu/publicprograms) or call 415-575.6175.

"This panel is inspired by the courage of the fifteen-year-old Pakistani activist Malala Yousufzai," says CIIS

faculty member May Elawar, who planned the panel. Malala Yousufzai continues to defend women's rights and education in Pakistan despite being seriously wounded in an assassination attempt by a Taliban gunman on October 9, 2012.

"At this panel, the Women's Spirituality program at CIIS hopes to give voice to a conversation about Muslim women's agency and activism," says Program Chair Alka Arora.

**United States Institute of Peace (USIP)** is the independent, nonpartisan conflict-management center created by Congress to prevent and mitigate international conflict without resort to violence. The Public Education for Peacebuilding Support is a program of USIP administered by the Institute of International Education. ●

# KATIE MCGOVERN RETIRES

from Clinical Psychology Program



Katie McGovern

Katie McGovern, who taught at CIIS beginning in 1999 and chaired the Clinical Psychology doctoral program from 2005 to 2010, has retired from the Institute.

“Katie’s teaching, leadership, and commitment to students have enriched the lives of those who worked or studied with her,” says CIIS Academic Vice President Judie Wexler. “She’s a valued colleague whose dedication and spirit will be missed.”

McGovern recalls her time as chair of the Clinical Psychology program as “one of the most difficult and rewarding things I’ve ever done. Some of my favorite memories are of the sense of collaboration and community we developed among the Clinical Psychology faculty.”

When McGovern served as chair, she actively included the students in decision-making, adding four students to program meetings. “One of my greatest sources of happiness was the engagement of students in departmental work,” she comments.

She regularly taught Cognitive and Affective Foundations, a required science course that all clinical psychology students take.

McGovern also derived enormous satisfaction from working one-on-one with students writing their dissertations. “That’s a place where I brought all my interests into the room, whether, academic, personal, or spiritual,” McGovern says.

Manuel Manotas, who wrote his doctoral thesis under McGovern, praises her mentoring: “Katie was very supportive and encouraging during my dissertation. She was also very patient with my process. At times when I felt like giving up she would help me see with more clarity, and I would find new encouragement to continue. I am very grateful to her—she was a huge support in my professional development.”

McGovern appreciates that she was able to include her spiritual side in her work at CIIS. “I taught at a number of graduate schools in the Bay Area, but at other universities, spirituality had to be whispered about. At the Institute, it’s what we do.”

After her retirement at the end of the fall semester 2012, McGovern moved with her husband to Somerset, in the West Country of England. She enjoys hiking there with their two golden retrievers, and plans excursions to Dartmoor, Exmoor, and the Quantock Hills. ●

## TWO NEW TRUSTEES

*(continued from page 7)*

such well-known names as Deloitte and Latham & Watkins. All Stars has also recently become involved with CIIS Public Programs & Performances (see article on page 14).

Before her work with All Stars and TM Financial Forensics, Lavandero had a successful career as a psychotherapist. She maintained a private practice, and also worked at Kaiser Permanente in San Francisco, and at Mission Mental

Health. Prior to moving to California in 1979, she consulted for a community-based mental health organization in one of the most impoverished Latino neighborhoods in Detroit.

Lavandero was born in Cuba, and grew up largely in Michigan. She earned her undergraduate and graduate degrees from the University of Michigan.

“I’ve always been familiar with CIIS because of my work in psychotherapy,” Lavandero comments. “In my practice, I often wished that I had had the kind of training in spirituality and philosophy that students get at CIIS. I felt that many

of my clients came to therapy looking for guidance in a spiritual direction.”

In 2007, after twenty-five years in the mental health field, she closed her practice to change her focus. Not long after, she took her current position and began collaborating through that organization with All Stars. “The young people we work with might not be the ones who many others think of as likely prospects for success. Given the right opportunity to develop, however, their grades can improve, and their world can change.” ●



# Lenney Family Gift Honors Rina Sircar

## Professor Has Brought Theravada Buddhism to CIIS and Beyond

**CIIS** trustee and alum John Paul (JP) Lenney (ICP '81) and his wife, Mary Pax Lenney, have donated \$50,000 in honor of Professor Rina Sircar, and her teacher, the late venerable Taungpulu Kaba-Aye Sayadaw, a renowned practitioner of the Theravada Forest Tradition of Burma. "We're delighted to continue the wonderful work of Rina Sircar at CIIS with this generous gift from the Lenney family," says CIIS President Joseph L. Subbiondo.

The Lenney's donation is comprised of two separate but related gifts. The first part is a pledge of \$20,000 to establish the Rina Sircar Fund for the purpose of offering one course per year in Theravada Buddhism and meditation in the School of Professional Psychology & Health. That portion of the gift also supports two student scholarships for this course. The second part is a \$30,000 donation to begin the Pax Lenney Fund for Theravada Buddhist Studies in the Philosophy and Religion Department. This gift will provide support for courses, lectures, and workshops.

Together the donations will provide an annual, ongoing presence and emphasis on classical Theravada Buddhist studies and practice in honor of Professor Sircar. At the invitation of CIIS President Haridas Chaudhuri, and with the encouragement and support of Taungpulu Sayadaw, Sircar became the founding professor of Theravada Buddhism at the Institute. She was also among the first teachers to introduce Theravada Buddhism and satipatthana-vipassana (mindfulness-insight) meditation in the United States.

JP Lenney studied at CIIS in the late 1970s and 80s, graduating in 1981 from the Integral Counseling Psychology program.

In addition, he took several courses in Buddhist Studies while he was at CIIS, including an intensive travel course to Burma with Rina Sircar and Anne Teich to study and practice under Taungpulu Sayadaw. He worked as a Marriage and Family Therapist after graduation, but eventually chose a career in business. He now serves as senior vice president of ALEKS Corporation, an Artificial Intelligence-based educational software company. He strongly believes that Professor Sircar's teaching and practice contributed significantly to enhancing his life and developing his commitment to Theravada Buddhism. Lenney says that, "Rina imparts the wisdom and practice of Theravada Buddhism as embodied by her teacher Taungpulu Sayadaw. My early studies under Professor Sircar provided me with a foundation that has sustained and strengthened me throughout my entire life." ●



Professor Emerita Rina Sircar

***"My early studies under Professor Sircar provided me with a foundation that has sustained and strengthened me throughout my entire life."***



## DONATE YOUR VEHICLE!

Did you know that your donation of a no-longer-needed car, boat, RV, truck, or motorcycle can help CIIS to provide integral education and community mental health services? You receive maximum legal tax deductions and possibly a partial cash payment for qualified donations. To donate or for information, call toll free: 866.244.8464. Pickup of qualified donations is always free to donors anywhere in the nation.

# INTERNATIONAL ALUMS FLOURISH ABROAD

## Three international alums are thriving after graduating from CIIS

**JOSE PARAPPULLY** (CLN '97) grew up in Kerala, India, sometimes called “God’s Own Country” because of its stunning landscapes. He joined the worldwide religious order of the Salesians of Don Bosco at age nineteen. Parappully later directed a spirituality center near Kolkata, before leaving India to enter a master’s degree program in pastoral counseling in the U.S. While at that program in Illinois, he attended a conference where CIIS faculty participated, and was intrigued by the printed materials he saw about the Institute.

“What drew me to CIIS was the Asian influence in its founding and in the curriculum,” he explains. “At the time I was completing a master’s thesis on Sri Aurobindo. I knew I could be enriched by what CIIS had to offer. I applied to the PhD psychology program at CIIS and was offered a scholarship.”

His memories of his time at CIIS in the mid-1990s center around his interactions with faculty and other students.

“I enjoyed the lively discussions in class, and the informal atmosphere,” he recalls. “CIIS was then in Haight-Ashbury, and I saw the last of the flower-power movement.”

Another event that stands out in his mind is a symposium that CIIS jointly organized. “I was struck by the Conference on Faith and Science at Grace Cathedral,” he says. His experiences as an intern at the Adolescent Day Care Center and the Sunset Mental Health Center also stay with him. When he finished his PhD in clinical psychology in 1997, Parappully was chosen as the student speaker at Commencement.

As soon as he graduated, he began making an impact. On returning to India in 1997, Parappully founded and served as director of Bosco Psychological Services (BPS) in New Delhi. “BPS focuses on healing and transformation of individuals and organizations,” he describes. The organization offers pay-as-you-can counseling, assessment, training for counselors and leaders, consulting for organizations, and human relations skills trainings. “Most of

my time was spent in offering individual, couple, and family therapy, as well as psychological assessment,” Parappully explains. His clients were frequently low-income, and he often provided his services pro bono.

Parappully has also been active as an author and editor. Currently he edits the journal *Psychological Foundations*. He coedited the two-volume *Psychosexual Integration and Celibate Maturity*, which had a multi-city release in January 2013.

In 2003 he switched his professional focus and set up the Sumedha Centre for Psychology and Spirituality in New Delhi. The center was shifted to Jeolikote, India in 2008, in the foothills of the Himalayas at an altitude of 4,000 feet. “Sumedha Centre is a residential facility for renewal of body, mind, and spirit,” Parappully recounts. The center integrates insights and approaches from psychology, spiritual traditions, and social sciences to offer a variety of services and programs for emotional healing and wholeness; and for personal, interpersonal, and professional growth and transformation.

“In Sanskrit,” Parappully observes, “Sumedha refers to a healthy brain that controls entire body-mind systems, as well as to a rejuvenation of body and mind. In Indian mythology, Sumedha is the leading horse that drives Surya’s chariot, and the one mainly responsible for guiding the destiny of an individual.”

**ROCHELLE SURI** (BAC '03, ICP '06, EWP '10) spent her childhood in Dubai in the United Arab Emirates. When she first heard about CIIS from a friend of her mother’s who was studying transpersonal psychology, Suri was living in Mumbai, India. “I was attracted to the idea of a holistic approach to psychology,” she muses. “I also was intrigued by the powerful body-mind-spirit connection and its importance to well-being.”

When she came to the Institute, she enjoyed the

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“I often referred to CIIS as  
my home away from home.”

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community. “I often referred to CIIS as my home away from home,” she reflects. “I truly felt safe and welcomed as an international student.”

One of the things she appreciates most about her MA program in Integral Counseling Psychology, and her PhD program in the East-West Psychology, is the way the courses included nontraditional elements. “I loved and appreciated the experiential exercises we did in class,” she says. “They were not only challenging, they allowed me space to explore and express my self and my various facets.”

Suri feels she learned about diversity in all forms at CIIS. “That includes cultural, spiritual, physical, socioeconomic, and psychological diversity,” she specifies. “It helped me appreciate the many differences I’m surrounded by, in an ever-expanding, global world.”

Currently she has a private practice in Mumbai—Suri is a licensed Marriage and Family Therapist. “I love working with individuals and couples and families,” she enthuses. “I appreciate the flexibility of my work and the opportunities to continually learn about various human experiences.”

Suri is also involved in both editing and publishing. She serves on the editorial board of the *Journal of Humanistic Psychology*. She has written numerous chapters and articles in scholarly publications, including a chapter on “Promoting Resilience in the Traumatized” in the *Encyclopedia of Trauma*; and one based on her CIIS dissertation, called “Auditory Hallucinations in Schizophrenia: Collaborating with the Voices from Without” in a volume entitled *Configuring Madness*.

She feels fortunate to have done both her MA and PhD at CIIS. “The Institute fostered in me a love of academia that I never thought I’d possess,” Suri says. “CIIS is certainly a hidden gem.”

**RAMAKRISHNA (RAMKI) MOVVA** (TLR ’02) was working in Muscat, Oman in 1993 when he first heard about CIIS. “I went to the British Council Library one afternoon to look up universities offering distance-learning PhD programs,” he recalls. “I found CIIS. When I received information from the Institute, I was drawn to how its integral philosophy was fully embedded in the doctoral program.” He also appreciated the option to pursue a degree while being fully connected to the Institute, though living and working thousands of miles away.

The cohort structure of the Learning and Change in Human Systems program (part of what is now called Transformative Studies) left a deep impression on Movva. “As a cohort we were challenged to learn, grow, and eventually evolve as a

learning community,” he recalls. “Just living through the pain and joy associated with the birth of our ‘living community’ for about three years is still so fresh in my mind and heart. It will remain so for the rest of my life.”

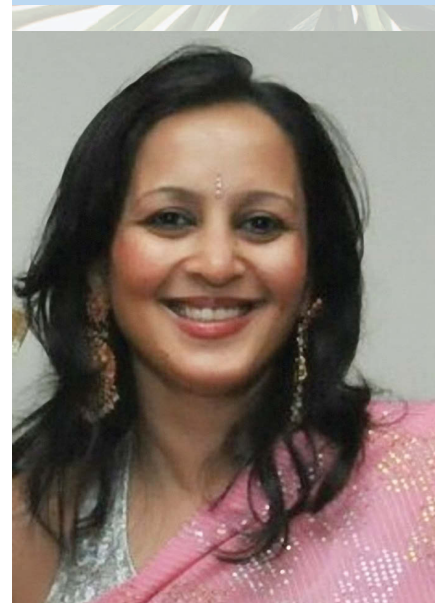
His doctor dissertation helped shape his approach to his work. “I researched organizational consciousness and transformation, while viewing organizations as living systems,” he describes. “That reframed my worldview as an organization development professional. I continue to hold onto this worldview, even ten years after graduating from CIIS, remaining optimistic about making organizations more living and less mechanistic.”

Movva is now well into his twentieth year working in Dubai with Emirates NBD Bank. Currently he holds the position of head of strategic human resources and organizational capabilities. “I admire the diversity of the bank’s workforce, which comes from about fifty countries,” he remarks. “I also enjoy the freedom I have to make a difference to the business and employees through innovative people practices and programs.”

Movva received financial aid at CIIS, and that is something that stays with him. “I am ever grateful to CIIS for granting me a partial scholarship. I deeply appreciate how valuable that assistance was for me to continue with the program. I now regularly contribute to the Alumni Scholarship Fund, knowing that even a small amount can make a difference to a student, just as it did to me.” ●



Jose Parappully



Rochelle Suri



Ramakrishna (Ramki) Movva

# CLASS NOTES



**STEVE RANDALL** (ICP '75, EWP '79) studied with Paul Herman in the first Integral Counseling Psychology classes at CIIS in 1972. After extensive training in the Time, Space, and Knowledge (TSK) vision, he began leading study groups. He coedited two volumes titled *Dimensions of Thought*, with articles by professionals relating TSK to different fields. He cofounded the nonprofit TSK Association, and has taught in the U.S., Brazil, and Australia.



**SANDRA INGERMAN** (ICP '82) teaches shamanism and is a licensed psychotherapist. She is the author of eight books and five CD audio programs, including *Soul Retrieval: Mending the Fragmented Self* and *Medicine for the Earth: How to Reverse Personal and Environmental Toxins*.  
[www.sandraingerman.com](http://www.sandraingerman.com)  
[www.shamanicteachers.com](http://www.shamanicteachers.com)

**ANDREW COOPER** (CLN '92) is the features editor at *Tricycle: The Buddhist Review*. His essay "The Debacle" was selected for the anthology *Best Spiritual Writing of 2012*. He lives in Olympia, Washington, with his wife and daughter.

**SUZY KARASIK** (IHL CER '93, SOM '93) synthesized her degree work and created **Specialized-Systems.com** and **SuzyK-Coach.com**, which include the transformative Compassionate Communication, based in nonviolent communication. An activist for Mother Earth, she is also deeply committed to the Pachamama Alliance and the Citizen's Climate Lobby. Her karma yoga is "living-in" with elderly people wishing to stay/die at home.



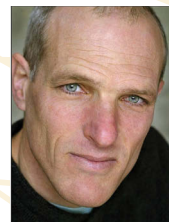
**KELLY GABRIEL LEE** (ISD '94) works as a grants manager for Bay Area museums and arts organizations. He is currently at the Children's Creativity Museum. He continues his quest to find spiritual and worldly meaning in the arts by frequenting museums, galleries, and theaters; and through his own writing, visual art, and music.



**RHONDA FELZMANN** (ICP '95) is in private practice in San Francisco, working with individuals, couples, and families. She is a classroom volunteer at Sunnyside Elementary School, where her son studies. She has a dedicated yoga practice, and is an avid baker and beekeeper.



**KEITH WEAVER** (IHL '97) lives in Albuquerque, New Mexico. He is a graduate of Duke Law School and had a successful legal career with the federal government in Washington, DC, where he was appointed to the senior executive service. His studies at CIIS allowed a transition from law to a career in holistic health. He credits experiences inside and outside the classroom as part of the profound change that enriched his spiritual life and allowed him to become a more compassionate attorney.



**GREGORY KRAMER** (TLC '98) teaches meditation worldwide and directs the Metta Foundation. He is the author of *Insight Dialogue: The Interpersonal Path to Freedom*, *Dharma Contemplation: Meditating Together With Wisdom Texts*, and *Seeding the Heart: Practicing Lovingkindness with Children*. At Metta Foundation, he pioneered online meditation and contemplation practices. He developed Insight Dialogue, an interpersonal form of Buddhist insight meditation. He also created Dharma Contemplation, a text-based practice. He cofounded Harvest With Heart, a hunger project; and Spiritual City Forum, an interfaith dialogue program in Portland, Oregon. He lives in Orcas, Washington, and is married and the father of three grown sons.

**JENNIFER BRUCE** (ICP '00) was awarded a two-year research fellowship from the Krishnamurti Foundation of India to conduct a comparative study on the teachings of J. Krishnamurti and the early teachings of the Buddha. She lived in Varanasi, India; studied Osho Active Meditations; and volunteered with a medical team working in the slums. She works as a consultant in biotechnology, and was the production manager on three feature-length independent art films and assistant on a documentary short. She participates in Somatic Explorations Active Meditation Leadership training in Sea Ranch, CA, and also facilitates an Active Meditation group in Alameda.



**ANNA GATMON** (HOT '00, TLC '12) is an educator who supports and creates environments for holistic and spiritual transformation. Her workshops and individual sessions focus on facilitating spiritual experiences and developing inner knowing. She also founded an alternative elementary school based on an original, holistic educational model. She worked in Israel and Europe, and currently



resides in Sebastopol, CA. She comes from a multicultural background and is multilingual (English, Hebrew, French, Swedish). [www.towardswholeness.com](http://www.towardswholeness.com)

**WILSON ESSIEN** (ISD '01) has written *Strategies Management* and three other books. He was an adjunct professor at the University of Phoenix, where he taught organizational behavior and global business strategies. He continues research and development in related areas.

**L'ESA HAMMOND** (TLR '01) is the chief human resources officer and director of career services at Mills College. She has started a nonprofit, Achievement U, and has written three books based on transformative principles: *Thompson Twins: Las Vegas Adventure*, *Thompson Twins: Call the Cops*, and *Achieve in 5!* The Thompson Twins books are the beginning of a series that uses transformative learning principles to inspire young people to transcend circumstances.



**ROBERT MATTA** (ICP '01, EWP '04) resides in Paris and has completed a diploma in science and theology of religions. He has a clinical practice for individuals and couples, at the interface of psychodynamic psychotherapy and spiritual counseling. He is also involved in nonprofit associations, both in France and in

Lebanon, his country of origin, and these associations are committed to the education, production, and promotion of creative and intellectual endeavors.



Since returning to Belgium, **MARIE-PIERRE LAHAYE** (SCA '01) has assisted Kosovo Roma refugees in their efforts to obtain asylum and integrate socially and professionally. She is the producer at World Citizens Music, a nonprofit her husband founded. They recently created ViVo!, a thirty-person orchestra that aspires to

be an authentic artistic step for restoring one's faith in *his* or *her* creative potential.

**MIREYA ALEJO MARCET** (EXA '03) is the creator of *Tending the Fire*, a women's series in San Francisco that is a gathering place for women who seek a space to explore, create, and replenish.



**JILL EICKMANN** (PDT '04) works with children and families touched by the foster care system. At her private practice in Oakland, she provides therapeutic visitation for reunification, and pro bono play therapy for children. She also supports those growing their family through foster care and adoption,

and has worked as a social worker with Adopt A Special Kid in Oakland. She helps create families for special needs

kids, and assists foster parents with parenting skills. She also serves as artistic director and cofounder of Leela, a San Francisco-based, holistic haven for improvisational theater. Last year, she taught Leela's blend of improv to cast members of Disney's *The Lion King—Broadway Tour*. She produces shows, workshops, and events for the San Francisco Improv Festival. [www.leela-sf.com](http://www.leela-sf.com)



**KARMA SMART** (CAS '06) teaches Community Healing with Dances and Music of the African Diaspora for the Mental Health Service Act program at CIIS. A former member of the Congolese dance company, Fua Dia Congo, she has followed her passion for African-diaspora and Afro-

Brazilian dance. She is now collaborating with a Congolese choreographer to start a dance company that brings tradition, innovation, and spirituality together to create a healing experience for audience and dancers alike. She teaches and performs in the Bay Area, Hawai'i, and Brazil.

**KASEY VARGAS** (EXA '06) opened a private practice in San Francisco and offers counseling to children and families and those challenged by romantic relationships.

**GEORGE LIPPMAN** (BIS '11) received the July 2012 Patriot Award from the Bill of Rights Defense Committee. He is proud to be associated with freedom of expression and assembly, and with other grassroots human rights groups in Berkeley and across the country.



**MONIKA BROECKER** (SOM '11) offers the program Working with the Emotional Body, which consists of six individual somatic psychotherapy sessions. She works as an MFT intern in a private practice internship in Berkeley.



**ELISA AUDO** (TSD '12) volunteers at the TrikaShala Kundalini Meditation Center at Rudramandir with the Tantraloka program. Tantraloka is one of the last great classics in Sanskrit translated into English. [www.tantraloka.org](http://www.tantraloka.org).

**SHANNON FREDIANI** (BIS '12) cofounded the nonprofit The Voices of Angels, committed to social justice issues of the incarcerated, collective peace work, and educational parity of all children. She is completing MA studies in social change at Starr King School for the Ministry, part of the Graduate Theological Union in Berkeley. Her work focuses on the intersection of intergenerational trauma, loss, grief, and incarceration. [www.thevoicesofangels.org](http://www.thevoicesofangels.org)

—Richard Buggs

# Alumni Reunions



## Santa Fe, New Mexico

**OCTOBER 12, 2012**

### Santa Fe School of Cooking

Chef Tracy demonstrated the creation of unique New Mexico appetizers and answered questions about cooking with local ingredients.

*Left to right: Mary Louise Stone (WSE '09), Keith Weaver (IHL-CER '97), Anjanette Cureton (CLN '03), Diane Gribben Castiglioni (EWP '90)*



## New York City

**OCTOBER 26, 2012**

In the Consulate Ballroom at New India House on the Upper East Side, alums and friends listened to special guest Ameeta Mehra speak on the "Founding Spirit of Auroville," the universal township in South India.

*Upper left: Rachel Field (ICP '97), Laurie Edwards (CLN '06); upper right: Maia Garcia (BAC '04), Siddhartha Shah (EWP '03); lower left: Brian Jackson (EWP '99), Kesha Young (GES '02); lower right: Elena Hull (EXA '04), Elizabeth Baum (ICP '11)*



## Mumbai, India

**FEBRUARY 7, 2013**

### Indo American Society

Rochelle Suri (BAC, ICP, EWP, *third from right*) was guest speaker at a gathering of alums and students interested in the East-West perspective on psychotherapy. CIIS International Student Advisor Jody O'Connor (*third from left*) hosted the event. Current students Sonera Jhaveri (*second from left*) and Alena Coons (*fourth from right*) also attended.



# South India Trip:

## Temples, Tea Plantations, and a Giant Squirrel

by Joe Olivo and Richard Buggs

From December 26, 2012 to January 15, 2013, a group of twenty CIIS alums and friends traveled through South India on a trip sponsored by the Office of Alumni and Travel.



Much of the trip took place in the state of Kerala, situated at the southern end of the Indian subcontinent. Kerala is sandwiched between the Arabian Sea to the west,

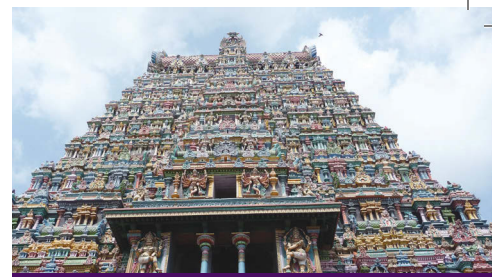
and the mountains of the Western Ghats to the east. The tour included visits to Periyar, Kumarakom, Munnar, and Kochi.

Munnar is a hill station at an elevation of 5,000 feet, surrounded by thousands of acres of tea plantations—some plants more than 100 years old. Since our twenty-five-passenger tour bus couldn't navigate the steep, narrow dirt roads beyond the sign in the group photo, the owners of the The Tall Trees resort sent four-wheel-drive jeeps that bounced us along through shola forests and cardamom plantations for the last four miles.

The resident naturalist greeted us, pointing out orchids, butterflies, and black pepper trees. He described some of the eighty different bird species that live in the surrounding tall trees, as well as the Malabar giant squirrel, a creature the size of a large housecat with bright purple, pink, and yellow fur. *Really?* we wondered as our eyes looked upwards—pink, yellow and purple?

Nothing could have prepared us for that first morning when a cacophony of birdsong began at 5:30 a.m. Near and far, the forest was waking up with layers of sounds, from the familiar high notes of tiny yellow canaries to the unusual human-like whistle of the thrush.

At a breakfast of masala dosas and the best coconut chutney imaginable, one group member excitedly showed his photos of the Malabar giant squirrel that sat in a shola tree outside his room. Unbelievable! The colors and size matched the naturalist's description and sent us out into the forest for our own glimpse of this amazing creature before the jeep ride back down the hill. ●



Malabar giant squirrel (inset)

Meenakshi Amman Temple in Madurai (above)

Group photo on the road to the tea plantation (below)



CIIS alum Connie Hills participated in the South India trip and wrote a poem about their visit to a Hindu temple:

*crowds cluster at a  
grotto lit by fire*

*luminating a statue of  
Lord Shiva-Nataraja*

*his graceful arms posed  
in a cosmic dance,*

*legs crisscrossed, tiptoed,*

*chest adorned with  
white jasmine,*

*tuberose, bright  
pink blossoms.*



**¡VIVA  
la VIDA!**  
DÍA DE MUERTOS  
EN OAXACA

Next up for CIIS alumni tours is Día de Muertos in Oaxaca, Mexico from October 29 to November 4, 2013. Led by CIIS faculty member Charlotte Sáenz, the trip focuses on the deep history and contemporary spiritual and cultural practices of Zapotec, Triqui, and Mixtec peoples. Participants experience some of the world's best food and drink amongst a vibrant arts community.

Día de Muertos celebrates and honors life and death; veneration of ancestors and the earth; pleasures of living manifest in food, music, dance; and being together with loved ones. As part of this celebration, we visit thriving markets and bustling cemeteries, a unique women's weaving cooperative in Teotitlan del Valle, the pre-Colombian archaeological sites of Monte Albán and Mitla, world-class museums, and the famed Ethnobotanical Garden showcasing some of the region's unique ecologies.

For information or to register, please visit: [www.ciis.edu/travel](http://www.ciis.edu/travel) or contact Dean of Alumni and Travel Richard Buggs at [rbuggs@ciis.edu](mailto:rbuggs@ciis.edu) or 415.575.6116.